

That Winning Feeling!®

Get ready for a successful competition season.



Are you holding yourself back? Do you know you can achieve more, but stop yourself. Do your self limiting beliefs about your ability and success get in the way? If so, this one day workshop is for you. Learn how to overcome those mental barriers to success.

When you get out of your own way, there will be no stopping you!



Frances Wilson and Vicky Smith bring together their vast skills and experience in the fields of equine and human development, as published in *British Dressage* and *Your Horse* magazines and speakers at YH Live Conference.

Don't let another competition season pass you by. For an investment of just £155 this workshop will change the way you compete with amazing results.

Practical solutions that work!

At IRS we have created a unique set of tools for both you and your horse, helping you to exude confidence to your equine partner when competing. Using a proven set of techniques we can help you develop the positive mental attitude you need to remove those negative thoughts and feelings that stop you being the competitor you want to be. Your horse will thank you for this cutting edge knowledge.

Workshop Date:

15 April 2013

Workshop Venue:

Faversham, Kent (50 mins from Central London)

Workshop Investment:

This 1-day workshop costs just £155, including lunch and refreshments.

To find out more about this or any of our other workshops, please call us on:

01795 888510

or go to our website:

www.InspirationalRidingSolutions.com



The season is here, so make the most of it.

Enjoy competing.

Enjoy success.



INSPIRATIONAL RIDING SOLUTIONS

No. 4 The Business & Enterprise Centre, The Abbey School, London Road, Faversham, Kent ME13 8RZ

T: +44(0)1795 888510

W: www.InspirationalRidingSolutions.com

E: info@InspirationalRidingSolutions.com